

Let's Take A Walk Training Booklet 55 km 2010 night (13 Nov 2010)

Start Place	End Place	Important Notes	Landmarks (Start to End)
Admiralty MRT	Admiralty MRT	Head along Woodlands Ave 7 to Woodlands MRT	
Woodlands Ave 7	Woodlands Ave 7	Turn R to Woodlands Ave 2	
Woodlands Ave 2	Woodlands Ave 2	Head to the South entrance of Admiralty Park	
South entrance of Admiralty Park	North entrance of Admiralty Park	Head straight to Admiralty Rd West leading to Marsiling Lane then Marsiling Dr	
Admiralty Rd West	Marsiling Dr	Turn R to Admiralty Rd	
Admiralty Rd	Admiralty Rd	Cut across Woodlands Centre Rd and head L to Woodlands Rd (passing Woodlands Town Garden)	Marsiling cc
Woodlands Rd	Woodlands Rd	Turn R to Sungei Kadut Ave	Kranji Turf Club (start of actual 50km)
Sungei Kadut Ave	Sungei Kadut Ave	Turn L to Choa Chu Kang Way	
Choa Chu Kang Way	Choa Chu Kang Way	Turn L to Sungei Pang Sua Park Connector	
Sungei Pang Sua Park Connector	Sungei Pang Sua Park Connector	Exit L to Bukit Panjang Ring Rd (follow the LRT track)	Ten Mile Junction
Bukit Panjang Ring Rd	Bukit Panjang Ring Rd	Head L to the Bukit Panjang Park Connector at Segar LRT	Senja LRT, Jelapang LRT, Segar LRT
Bukit Panjang Park Connector	Bukit Panjang Park Connector	Exit R to Upper Bukit Timah Rd	
Upper Bukit Timah Rd	Upper Bukit Timah Rd	Drop by Boy's Town Sg at Assumption Eng Sch then back track Upper Bukit Timah Rd	
Upper Bukit Timah Rd	Upper Bukit Timah Rd	Turn R to Lorong Sesuai	Hume Park, The Hillside
Lorong Sesuai	Lorong Sesuai	Cut into Bukit Batok Nature Park	
Bukit Batok Nature Park	Bukit Batok Nature Park	Exit L to Bukit Batok East Ave 2 at the carpark	

Bukit Batok East Ave 2	Bukit Batok East Ave 2	Turn R to Bukit Batok East Ave 6	
Bukit Batok East Ave 6	Bukit Batok East Ave 6	Turn L to Ulu Pandan Park Connector after passing Bukit Batok East Ave 3	
Ulu Pandan Park Connector	Ulu Pandan Park Connector	Turn L at AYE to continue on the park connector towards Clementi	ITE Bukit Batok, PIE, Chevrons, AYE
Ulu Pandan Park connector	Buona Vista MRT	Turn R to North Buona Vista Rd	ITE Clementi, Pine Grove, Dover MRT
North Buona Vista Rd	North Buona Vista Rd	Turn L to Science Park Drive	Fairfield Sch, AYE
Science Park Drive	Science Park Drive	Head towards Kent Ridge Park at the end of Science Park Drive	PSB Science Building, DSTA Building
Kent Ridge Park	Kent Ridge Park	Exit to Canterbury Rd, make a R and walk along it	The Peak
Canterbury Rd	Canterbury Rd	Turn R to Hyderabad Rd and head Straight, Cross Alexandra Rd, Cross Lock Rd to Telok Blangah Hill Park	Lock Rd Kindergarden, American College
Telok Blangah Hill Park	Telok Blangah Hill Park	Head Straight towards Telok Blangah Hill Green	
Telok Blangah Hill Green	Telok Blangah Hill Green	Cross Henderson Rd to Mount Faber Park	Alkaff Mansion
Mount Faber Park	Mount Faber Park	Head Straight towards Faber Loop towards Mount Faber Rd (towards Jewel Box)	
Mount Faber Rd	Mount Faber Rd	Turn L to Lower Delta Rd	The Pearl
Lower Delta Rd	Tiong Bahru Plaza	STOP @ Tiong Bahru Plaza	Zhangde Pri Sch, Tiong Bahru Plaza